

Gallic Gastronomy



THE LAURA & ALVIN SIEGAL
LIFELONG LEARNING
PROGRAM

A Gourmet Tour of Burgundy & Alsace June 3 - 11, 2018 Hosted by Professors Alan Rocke and Annie Pécastaings

Dear Friends,

We are very much looking forward to leading you on this exciting gastronomic and historical tour through two of the most prized culinary regions of France, Alsace and Burgundy, where you will learn about the surprising regional diversity of French cooking, while sampling an array of scrumptious meals. Alsace, close to the German border, is known especially for such dishes as choucroute garnie, tarte flambée, and luscious kougelhopf cake; Burgundian specialties include boeuf bourguignon, of course, but also escargots, coq au vin, many world-famous cheeses, and Dijon mustard. Alsace is known for its ample servings and informal conviviality, while Burgundy has a well-justified reputation for some of the most sophisticated food in the world. Both regions lay claim to superior foie gras, and both are justly famous for their wines and liqueurs, particularly Riesling and Gewürztraminer in Alsace, and pinot noir and chardonnay blends in Burgundy. Both Alsace and Burgundy are also noted for their beautiful countryside, historic sights, and typical rural villages. All the way through, we will offer informal talks on aspects of French cuisine and culinary history, to shed further light on the sights and tastes that you will be experiencing. We can't wait to share all this with you!

- Alan Rocke and Annie Pécastaings



The cost of this itinerary, per person, double occupancy, is:

Land Only (no airfare included):	\$4849
Single supplement:	\$1000

Airfares are available from many U.S. departure cities. Please call for details.

Inclusions:

Hotels: 7 nights' accommodation in a first-class hotel. All hotel taxes and service charges included

Coaching: All ground transportation as detailed in the itinerary

Meals: Breakfast daily, 5 lunches and 3 dinners

Guides: Services of a local tour guide throughout the tour. Guided tours for all winery and factory visits

Entrances: Entrance fees to all sites as detailed in the itinerary (including a cooking class at Chateau d'Ancy-le-Franc)

Please note that travel insurance is not included on this tour. Insurance information will be mailed out to each registrant on receipt of deposit.

Sunday, June 3 – Departure from your chosen international gateway city to Strasbourg Airport.

Overnight: Plane

Monday, June 4 – Your arrival at Strasbourg Airport will be met for the transfer to our centrally located hotel. After checking in, your flight schedule permitting, we'll enjoy a short boat ride on the canals, affording wonderful views of Strasbourg's beautiful architecture — houses, churches, public buildings, and parks. A welcome dinner is included this evening. **(D) Overnight: Strasbourg**

Tuesday, June 5 – Our morning tour of Strasbourg includes the major landmarks of the city, such as Maison Kammerzell, Gutenberg square, St. Thomas church, the former tanners' houses, the Covered Bridge and much more. We'll end our tour with a guided visit of Notre Dame de Strasbourg, the medieval cathedral of the city. Leaving Strasbourg, we'll follow the Alsace Wine Route south to Kientzheim, stopping along the way for lunch. In Kientzheim, we'll stop at the Château de la Confrérie St. Etienne for a wine tasting, led by one of the members of the Brotherhood (the confrérie). It is a short drive from here to Colmar where we check in to our hotel and have a free evening to sample a local restaurant. **(B, L) Overnight: Colmar**



Wednesday, June 6 – This morning you will have an opportunity to explore Colmar (including the Pâtisserie Fortwenger – the famous gingerbread manufacturer). Don't miss the Unterlinden Museum (the home of Grünewald's Isenheim Altarpiece) as well as a local farmers' market. In the afternoon we'll visit the Ecomuseum of Alsace in Ungersheim, just to the south of Colmar. The Alsace Ecomuseum has gathered 70 authentic country houses, dismantled piece by piece in their villages of origin, where they were condemned to disappear. Over the years and thanks to the contributions of thousands of enthusiasts, the Alsace Ecomuseum has become one of the major open-air folk museums in Europe, with its village, fields and forest totaling around 100 hectares. We return to Colmar where we will have dinner in a local restaurant. **(B, D) Overnight: Colmar**

Thursday, June 7 – Our excursion today from Colmar gives us an in-depth look at a section of the Alsace Wine Route. Heading north out of the city we enter the Ballons des Vosges National Park at the picturesque village of Ribeauvillé, with parts of its ancient town walls still intact and dominated by the nearby ruins of the Château Ulric, perched high above the village. We'll pay a visit to the Distillery Gilbert Holl to start the day with a bang and then proceed to the village of Riquewihr, where we'll have lunch (included). Riquewihr is classified as one of the most beautiful villages of France. Continuing along the wine route we stop next at the Domaine Emile Beyer in Eguisheim for a tasting of, among other things, his excellent Crémant d'Alsace. We'll also have time to look around Eguisheim - voted, in 2013, "Village préféré des Français" (France's favorite village). From here we return to Colmar. **(B, L) Overnight: Colmar**

Friday, June 8 – Leaving Colmar this morning we drive through the "Belfort Gap," the pass between the Vosges Mountains to the north and the Jura to the south, heading towards the Burgundy wine region. En route we pass by Montbéliard, the home of Peugeot, and stop in Besançon. There will be time to explore the old town, almost totally encircled by a loop of the River Doubs, and then have lunch (included), before we continue to Beaune. After checking in to our hotel we will



have a walking tour of the town center, including the Hospices de Beaune, a hospital foundation from the middle Ages, and one of France's most prestigious historic monuments. Also included this afternoon is a visit La Moutarderie Edmond Fallot, for an introduction to the importance and manufacture of this amazing condiment.

There may also be time this afternoon for a short visit to the local wine museum. The evening is free and, as there are over 100 restaurants in the town center, you won't have any trouble finding a gastronomic feast to suit your tastebuds. **(B, L) Overnight: Beaune**

Saturday, June 9 – We begin the day today with a cooking class at the Château d'Ancy-le-Franc in the heart of the Burgundy region.

The Renaissance château was built by François I's architect, and contains a remarkable series of mural paintings. Our cooking class will be held in the old kitchens of the château – the same ones used to prepare meals for Louis XIV! Later this afternoon we continue to Vézelay, in the northern part of Burgundy, to visit the Benedictine abbey church, now the Basilica of Sainte Marie Madeleine (Saint Mary Magdalene), with its unique depictions of political imagery (justifications for, and spiritual defense of, the crusades, for example) in sculpted capitals and portals. Vézelay is one of the outstanding masterpieces of Burgundian Romanesque art and architecture. Dinner will be served in a local restaurant in Beaune.

(B, L, D) Overnight: Beaune

Sunday, June 10 – This morning we explore the Côte de Beaune wine region. The area starts between Nuits-Saint-Georges and Beaune, and extends southwards for about 25 km to the River Dheune. Leaving the city, we'll have a guided tour of the Veuve Ambal winery, a family run wine company established over 100 years ago in the heart of the Burgundy region, now the largest producer of Crémant de Bourgogne.



The talent and dedication of its team has enabled it to become the market leader and specialist of this Appellation in France. We'll have lunch in local restaurant before visiting the Cassissium museum in Nuits-Saint-Georges - dedicated to the "jewel in the crown of Burgundy" – the Blackcurrant! Our final afternoon visit will be to the Château du Clos de Vougeot. Standing in the very heart of Burgundy's vineyards, it was originally a wine farm, built in the 12th century by monks from the nearby Abbey of Cîteaux, and in the 16th century, a Renaissance style château was added to the existing buildings. A short drive from here brings us to Dijon, where we board the fast TGV train to Paris. On arrival at the Gare de Lyon, we will check in to our hotel next to the railway station. This evening there will be free time to find a local restaurant for dinner close to the hotel. **(B, L) Overnight: Paris**

Monday, June 11 – Transfers to Paris, Charles de Gaulle Airport for returning flights to the US. Alternatively, why not stay on for a few days and explore the "City of Light?" Anyone wishing to do this will be provided with a list of suggestions for fine restaurants, food shops and many other gourmet treats that the city has to offer. **(B)**

B=breakfast, L=lunch, D=dinner



Hosts Annie Pécastaings and Alan Rocke

Annie Pécastaings, a native of Bayonne, France, is a SAGES lecturer at Case Western Reserve University where she teaches a range of undergraduate seminars, such as "Science in Literature," "Coffee and Civilization," and "To Everest and Back: The Politics and Culture of Mountaineering." She studied English at the University of Massachusetts Lowell and at Tufts University, where she wrote her dissertation on eighteenth-century English Gothic novels.



Alan Rocke, a historian of science and technology, holds the rank of Distinguished University Professor at CWRU. His research specialty is the history of the chemical sciences in Europe, and for many years he has taught a course on the history of food, from the neolithic period to the present day. Cooking and European travel are among his pastimes.

Registration Form

General Instructions

- i). Please type or print.
- ii). Make checks payable to CWRU.
- iii). Be sure to read the Terms & Conditions and the Refund Policy contained on the reverse before signing.
- iv). Complete both sides of this form.
- v). Detach the bottom section and mail it to Michelle Miller at CWRU with your deposit of \$850 per person. Keep the top section for your records.

Passenger Details

- i). Name(s). Please make sure that your name appears on this form exactly as it does on your passport. Include your "Known As" or preferred name, if applicable.
- ii). Passport Details. Having your passport details ahead of time enables Discover Europe to speed the check-in process at hotels and helps in the event of lost or stolen documents.
- iii). Address. If you have a different address, please let us have the details, including dates that you are there, on a separate sheet.
- iv). Dietary Requirements. Please let us know if you require any special meals both for the hotels and the airlines.
- v). Health Information. A certain amount of walking is involved in this trip. Check the itinerary with your physician to ensure a safe and comfortable journey. Travelers requiring special assistance must be accompanied by a companion.

Emergency Contact

This information is essential.

Independent Flight Arrangements

- i). If you are arranging your own flights, please provide your complete flight information, giving the following: dates of travel, airline(s), flight numbers, departure and arrival airports and departure and arrival times for all flight segments that you have booked. Transportation to and from the hotel for arrival and departure arrangements that are separate from the group can be made at an additional cost.
- ii). If you would like help arranging and purchasing connecting flights, please contact Discover Europe Toll Free at (866) 563-7077. The fee for this service is \$40 per ticket.

Rooming Requirements

Please tick the appropriate boxes. We will book non-smoking rooms (where available) unless otherwise requested.

- i). If you are sharing a room, please let us know with whom. If you would like to share a room but do not have a roommate, we will be happy to try and match you up but unfortunately cannot guarantee that this will be possible. If no match is available, the single supplement will apply.
- ii). A twin room has two separate single beds in it. A double room has one large bed. Please let us know your preference.



Passenger Details for Gallic Gastronomy (0603/DCF)

Passport Name:

1. _____
Title First Middle Last

2. _____
Title First Middle Last

Known As: 1. _____ 2. _____

Passport 1#: _____ Exp.Date: _____ DOB: _____

Passport 2#: _____ Exp.Date: _____ DOB: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Preferred Telephone: (____) _____ work/cell/home
circle one

Secondary Telephone: (____) _____ work/cell/home
circle one

Special Dietary Requirements: _____

Health Information: _____

Other Comments or Notes: _____

Trip Details

Departure Date: _____ Return Date: _____

Please return this form to:

Michelle Miller

**The Laura & Alvin Siegal Lifelong Learning Program
Case Western Reserve University
10900 Euclid Avenue
Cleveland, OH 44106-7116**

Terms & Conditions

- 1. Please be sure to complete both sides of this form.
2. Instructions to aid you can be found overleaf.
3. Space on this journey is limited and registrations are accepted strictly on a first come, first served basis.
4. Registration and payment imply acceptance of the terms and conditions described herein. This information, as well as your itinerary description regarding dates, inclusions and prices, form the basis of your individual contract with Discover Europe, Ltd.
5. Registration and payment waive and release Discover Europe, Ltd., Engaging Journeys, Inc. and CWRU Travel Program, their affiliates, directors, officers, employees, including any person or entity employed or utilized by them, from all claims arising from any injury, loss, damage, accident, delay or expense resulting from events beyond their control, including, without limitation: natural disasters, war, strikes, incidents of politically-motivated violence, sickness or quarantine, government restrictions or regulations, and in the absence of its own gross negligence, arising from the use of any vehicle or from any act of omission by any bus or car rental agency, airline, taxi or tour service, hotel, restaurant, or other firm, agency, company or individual.
6. Discover Europe, Ltd. reserves the right to substitute hotels, airlines, activities or excursions in response to changes in availability, local events or weather conditions, provided such substitutions do not adversely affect the overall quality of the tour. Such substitutions do not constitute grounds for withdrawal with full refund.
7. Conduct During the Tour: You are also responsible for respecting the authority and following the directions of the tour guide and the laws of the countries in your itinerary. We may exclude you from participating in all or any part of the tour if, in our sole discretion, your condition or behavior renders you unfit for the tour or unfit for continuation once the tour has begun. Unfitness may include, without limitation, any behavior that, regardless of its cause, is inappropriate or offensive or interferes with the delivery of tour services, or may constitute a hazard or embarrassment. In such case, our liability shall be strictly limited to refund of the recoverable cost of any unused portion of the tour. Should you decide not to participate in certain parts of the tour or use certain goods included in the tour, no refunds will be made for those unused parts of the tour or goods.

Payment Schedule

- 1. A deposit of \$850 must accompany this completed form.
2. The remaining balance will be billed and payable 120 days prior to trip departure. Due: February 3, 2018.

Tour Cost Adjustments

Discover Europe makes every effort to guarantee that the published cost of your chosen tour will not change. However we do reserve the right

to make adjustments in the following circumstances:

- 1. Exchange rates. Should the value of the dollar fall against the currency of the countries visited on your tour by more than 10% in the 6 months prior to trip departure.
2. Group size. This tour has been based on a group size of 15-20 participants. Should we end up with less than 15 people, Discover Europe will work with the CWRU Travel Program to determine a course of action which will involve either paying a surcharge to keep the tour as is, or making adjustments to the tour in order to keep the cost the same.
3. Airfares. If your tour includes airfare, Discover Europe reserves the right to pass along increases in costs (taxes, airport fees, fuel surcharges, etc.) that are charged by the airline involved.

Refund Policy

- 1. Participants who withdraw more than 120 days prior to tour departure will receive a refund of all monies received by CWRU, less a \$200 cancellation penalty.
2. Participants who withdraw less than 120 days and more than 60 days prior to tour departure will receive a refund of all monies received by CWRU, less a \$1000 cancellation penalty.
3. Participants who withdraw less than 60 days prior to the day of tour departure will not receive a refund unless they have purchased travel insurance.
4. Please note that the final payment becomes due upon receipt of the final invoice and will remain payable, as per the above schedule, if your cancellation is received after this.
4. Trip cancellation insurance is not included in your Discover Europe tour package. Discover Europe, Ltd., strongly advises that you purchase travel insurance for your upcoming trip. Upon receipt of your reservation, information describing the services of two recommended insurance companies including details on the coverages, provisions, limitations, and exclusions, will be sent to you by Engaging Journeys, Inc. You can contact them at info@engagingjourneys.com or by phone at 904.432.3141.
5. All cancellation requests must be received in writing.
6. There is no provision for refund for any activities missed due to the participant's absence once the tour has started.

Inclusions & Exclusions

- 1. All inclusions on Gallic Gastronomy are listed on the day-by-day itinerary and registration form.
2. The following are not included (unless specifically mentioned in the itinerary): travel insurance, transportation to and from the participant's home to their chosen departure airport, passport fees, excess baggage charges, tips to couriers and tour bus drivers, items of a personal nature.



Rooming Requirements

(Please check one)

- input I would like a single room (see itinerary for supplement)
input I will be sharing with: _____

We would like a input double input twin-bedded room

Permissions

Discover Europe may include my e-mail address on the tour passenger list. input Yes input No

Signatures

The undersigned has read the tour itinerary and recognizes and accepts any risk inherent therein. The undersigned also understands and hereby agrees for and on behalf of his/her dependents, heirs, executors, administrators and assigns to abide by the conditions set forth in the terms and conditions listed in this brochure and to release and hold harmless Case Western Reserve University and any of their officers, trustees, agents, licensees, or representatives, from any and all liability for delays, injuries, or death or for the loss of or damage to his/her property however occurring during any portion of, or in relation to, the tour.

Signature: _____ Date: _____

Signature: _____ Date: _____

Emergency Contact Information

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Telephone: (_____) _____

Flight Information

(Please check one)

Do you want Discover Europe to book your flights?

input Yes input No Departure City: _____

Flight details (if self-arranged): _____
